



TREATMENT

MENU

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L'AQUILA

THE EAGLE, FRENCH-LATIN ADJ.

"POWERFUL, NOBLE, RISE TO GREATER HEIGHTS"

WELCOME

WELCOME TO L'AQUILA, AS IT IS THE PLACE FOR REST AND RELAXATION, FREE FROM YOUR TANGLED STRESS FILLED LIFE.

HERE, YOU CAN RELAX AND BECOME ALIGNED WHOLE HEARTEDLY WITH YOURSELF AS YOU INDULGE IN TRANQUILLITY AND ENLIGHTENMENT.

OUR PHILOSOPHY

OUR PHILOSOPHY REFLECTS OUR TRUE FOUNDATION OF WHAT WE BELIEVE IN AND IS ILLUSTRATED BY OUR FIRST-CLASS QUALITY IN CLIENT CARE, PROFESSIONAL TREATMENTS AND HIGH-STANDARD PRODUCTS.

MOST OF ALL, WE, HERE AT L'AQUILA, WOULD LIKE TO GIVE YOU THE SPIRITUAL SUPPORT THAT YOU NEED TO RENEW YOUR THOUGHTS, REACH YOUR FULL POTENTIAL AND TO SOAR LIKE AN EAGLE.

WHAT WE BELIEVE IN

ROMANS 12:2

"... DO NOT CONFORM ANY LONGER TO THE PATTERN OF THIS WORLD, BUT BE TRANSFORMED BY THE

RENEWING OF YOUR MIND. THEN YOU WILL BE ABLE TO TEST AND APPROVE WHAT GOD'S WILL IS- HIS

GOOD, PLEASING AND PERFECT WILL..."

ISAIAH 40: 29-31

"...HE GIVES STRENGTH TO THE WEARY AND INCREASES THE POWER OF THE WEAK. EVEN YOUTHS GROW TIRED AND WEARY, AND YOUNG MEN STUMBLE AND FALL; BUT THOSE WHO HOPE IN THE LORD WILL RENEW THEIR STRENGTH. THEY WILL SOAR ON WINGS LIKE EAGLES; THEY WILL RUN AND NOT GROW WEARY, THEY WILL WALK AND NOT BE FAINT..."

GENERAL INFORMATION

APPOINTMENTS

KINDLY ARRIVE AROUND 60 MINUTES PRIOR TO YOUR SCHEDULED TREATMENTS TO ALLOW FOR SUFFICIENT CONSULTATION TIME. THIS WILL ALLOW YOU TIME TO USE OUR SPA FACILITIES INCLUDING THE STEAM ROOM, SAUNA, SENSATION SHOWER, JACUZZI, HYDRO THERAPY POOL AND RELAXATION AREAS.

PLEASE NOTE THAT THE SPA FACILITIES LISTED ABOVE ARE INCLUDED FREE OF CHARGE WITH SELECTED TREATMENTS, OTHERWISE A LEVY OF R100 WILL BE CHARGED PER PERSON. IT IS OF HIGH IMPORTANCE TO INFORM THE THERAPIST OF ALL MEDICAL HISTORY AS IT CAN BE A CONTRA-INDICATION TO SOME OF THE TREATMENTS ESPECIALLY REGARDING PREGNANCY AND HEART PROBLEMS.

CANCELLATION POLICIES

WE REQUIRE 24 HOUR ADVANCE NOTIFICATION OF CANCELLATION. IF NOT, 50% CANCELLATION FEE WILL BE APPLICABLE, WHERE AS NO SHOWS WILL ENSURE A 100% CHARGE. YOUR CREDIT CARD NUMBER WILL BE NECESSARY TO SECURE A BOOKING. LATE ARRIVAL WILL RESULT IN A REDUCTION IN TREATMENT TIME.

PAYMENTS

WE GLADLY ACCEPT CASH, CREDIT CARDS, DEBIT CARDS, OR, DIRECT DEPOSITS INTO OUR BANK ACCOUNT. REGRETTABLY WE DO NOT ACCEPT CHEQUES.

GIFT VOUCHERS

THESE GIFT CARDS ARE AVAILABLE AT L'AQUILA DAY SPA AND ARE A PERFECT WAY TO TREAT A LOVED ONE. THESE VOUCHERS ARE PERFECT FOR MALE AND FEMALE SPA DEVOTEES.

SPA ATTIRE

ROBES, CROCKS AND TOWELS ARE PROVIDED. FOR YOUR COMFORT DURING TREATMENTS, UNDERWEAR CAN BE WORN AT ALL TIMES. ALTERNATIVELY, DISPOSABLE UNDERWEAR CAN BE PROVIDED. TO ENJOY THE HYDRO FACILITIES (UNISEX) PLEASE BRING APPROPRIATE SWIMWEAR WITH YOU.

PERSONAL ITEMS

WE REGRET THAT L'AQUILA HYDRO AND DAY SPA COULD NOT BE HELD RESPONSIBLE FOR ANY THEFT, DAMAGE, LOSS OR MISFORTUNE THAT MAY OCCUR, THEREFORE IT IS OF HIGH IMPORTANCE TO USE THE LOCKERS PROVIDED.

SPA ETIQUETTE

PLEASE RESPECT ALL OUR GUESTS' RIGHT TO PRIVACY, THEREFORE, ENSURE ALL CELLULAR/ MOBILE PHONES ARE SWITCHED OFF DURING TREATMENTS.

CLEANLINESS AND SANITATION

WE CONSIDER SAFETY AND HYGIENE OF UTMOST IMPORTANCE AND L'AQUILA DAY SPA WILL ENSURE THAT A STERILIZED CLEAN AND HEALTHY ENVIRONMENT AWAITS YOU IN ALL AVAILABLE FACILITIES AND TREATMENT ROOMS.

OUR PROFESSIONAL SOMATOLOGISTS

OUR SOMATOLOGISTS ARE ALL TRAINED AT A VERY HIGH STANDARD AND ALL GRADUATED AT TRIUMPHANT INSTITUTIONS. YOUR NEEDS WILL BE THEIR PRIORITY AND THEY WILL ENSURE YOU RECEIVE THE BEST TREATMENT AVAILABLE.

REFRESHMENTS

FOR YOUR ENJOYMENT THERE WILL BE A CONSTANT SUPPLY OF FILTER COFFEE, WINE, FRUIT JUICES AND SOFT DRINKS WILL BE AVAILABLE TO BE PURCHASED AT THE MAIN STATION. LUNCH CAN BE ORDERED SEPARATELY OR WILL BE CO-ORDINATED WITH A SPA PACKAGE.

PRODUCTS

OUR PRODUCTS ARE OF HIGH-QUALITY SUPERIOR STANDARDS AND INCLUDE BABOR, THERAVINE AND ROOIBOS TREATMENT AND RETAIL PRODUCTS. PRODUCTS PURCHASED ARE NOT REFUNDABLE. ALL PRICES AND INFORMATION ARE SUBJECTED TO REVISION WITHOUT PRIOR NOTICE.

FACIAL MENU

BABOR ASSORTMENT OF FACIALS

BABOR OFFERS YOU A WONDERFUL OPPORTUNITY TO ESCAPE FROM YOUR EVERYDAY ROUTINE. INDULGE IN THE MOMENT AND LET US BRING BALANCE TO YOUR SKIN AND SOUL WITH OUR RELAXING TREATMENTS THAT ARE TAILOR MADE TO SUIT YOUR INDIVIDUAL NEEDS. BABOR'S EXTENSIVE SKINCARE AND BODY WELLNESS RANGE MAKES EVERY TREATMENT A MEMORABLE EXPERIENCE THAT WILL REVEAL YOUR NATURAL BEAUTY.

FACIAL THERAPY

BABOR CLASSIC FACIAL

AFTER YOUR SKIN IS OPTIMALLY PREPARED WITH BABOR'S UNIQUE CLEANSING METHOD, A PROFESSIONAL SKIN ANALYSIS WILL DETERMINE THE SPECIFIC TREATMENT FOR YOUR SKIN TYPE.

VITA BALANCE FACIAL:

A TREATMENT FOR DRY SKIN.

QUENCHES PARCHED SKIN AND SUPPLIES IT WITH SUFFICIENT MOISTURE.

60 MIN R 300

ADVANCED BIOGEN:

A TREATMENT FOR A SKIN IN NEED OF REGENERATION.

REGENERATES AND ACTIVATES THE NATURAL SKIN FUNCTIONS, LEAVING THE SKIN FEELING FIRMER AND SMOOTHER.

90 MIN R320

PERFECT COMBINATION:

A TREATMENT FOR A COMBINATION SKIN.

REGULATES THE SKIN'S LIPID LEVELS AND VISIBLY REFINES THE APPEARANCE OF THE SKIN.

60 MIN R300

CALMING SENSITIVE:

A TREATMENT FOR A SENSITIVE SKIN.

THIS GENTLE TREATMENT CALMS AND IMPROVE THE SKIN'S NATURAL RESISTANCE.

60 MIN R300

BABOR BONUS TREATMENTS

IF YOUR SKIN NEEDS A LITTLE MORE PAMPERING, ADD THESE BONUS TREATS TO ANY ONE OF THE BABOR FACIALS TO GUARANTEE BREATHTAKING RESULTS.

SENSATIONAL EYE TREATMENT:

A SOOTHING AND DECONGESTING TREATMENT ESPECIALLY FOR TIRED EYES WHICH INCLUDES A SENSATIONAL EYE MASK TO REFRESH THE EYE AREA AND IRON OUT FINE LINES. SOLD PER AMPOULE.

30 MIN R180

AMPOULE CRASH TREATMENT:

THIS TREATMENT QUENCHES THE SKINS' THIRST AND CREATES A RESERVOIR PREVENTING FURTHER DEHYDRATION WITH CONCENTRATED ACTIVE AMPOULES. SOLD PER AMPOULE

15 MIN R80

COLLAGEN BIOMETRIX FACE MASK:

THIS MASK IS THE QUICKEST WAY TO STRENGTHEN THE COLLAGEN FIBRES THAT SUPPORT THE SKIN AND PREVENT PREMATURE FINE LINES AND WRINKLES FOR LONG LASTING RESULTS.

90 MIN R950

BABOR SKINOVAGE TREATMENTS

KEEP UP WITH THE TIMES, AND TRY THESE EXCITING TREATMENTS FOR ALL SKIN TYPES.

COMPLEX C TREATMENT:

THIS VITAMIN COCKTAIL STRENGTHENS A TIRED AND STRESSED SKIN. THIS TREATMENT IS ESPECIALLY IDEAL TO HELP THE SKIN ADJUST TO THE CHANGING SEASON.

90 MIN R510

MIMICAL CONTROL + Q10 TREATMENT:

THIS TREATMENT WILL COMBAT EXPRESSION LINES AND REDUCE AGE- INDUCED WRINKLE, LEAVING THE SKIN FIRMER AND FRECH LOOKING.

90 MIN R520

MOIST INTENSE TREATMENTS:

THIS INTENSITY HYDRATING TREATMENT SUPPLIES VALUABLE MOISTURE TO A DEHYDRATED SKIN AND LOCKS IT IN TO PROTECT THE SKIN FROM FURTHER MOISTURE LOSS.

90 MIN R480

ARGAN TREATMENT:

THIS TREATMENT BASED ON THE EXOTIC OIL FROM MOROCCO FIRMS, PROTECTS AND INTENSIVELY MOISTURIZES THE SKIN FOR A VISIBLY SMOOTHER APPEARANCE.

90 MIN R590

BABOR BRIDAL MAKE-OVER

DIRECT BEAUTY TREATMENT:

A FAST ACTIVATING TREATMENT FOR A SPECIAL BRIDE THAT INSIST ON FLAWLESS BEAUTY ON HER BIG DAY.

30 MIN R760

BABOR EXCLUSIVE FACIALS:

IF YOU ARE LOOKING FOR SOMETHING EXTRA SPECIAL

LIKE A SHORT VACATION, THIS TREATMENT OFFERS YOU THE ULTIMATE IN RELAXATION AND LEAVES YOUR SKIN LOOKING MORE YOUTHFUL AND FULL OF VITALITY. THE HIGHLIGHT OF THIS TREATMENT IS THE UNIQUE ANTI-AGEING MASSAGE THAT IS CAREFULLY HARMONISED AND CO-ORDINATED TO THE BABOR' SEDUCTION OF THE SENSES MUSIC.

HIGH SKIN REFINER DEEP LIFT FACIAL TREATMENT (INCLUDING KIT)

120 MIN R2935

HIGH SKIN REFINER DEEP LIFT FACIAL TREATMENT (EXCLUDING KIT)

120 MIN R1630

BABOR FOR MEN TREATMENTS:

SKINCARE FOR THE REAL, SOPHISTICATED MAN.

ENERGY RELEASE FACE TREATMENT:

THIS ENERGISING FACIAL IS ESPECIALLY FORMULATED TO MEET THE SPECIFIC DEMANDS OF A MALE SKIN. A UNIQUE BUFFALO HORN NECK MASSAGE EASES TENSION AND IS FOLLOWED BY A SPECIAL COLLAGEN MASK THAT RESTORES THE SKINS' ELASTICITY. THIS SOPHISTICATED TREATMENT CONCLUDES WITH A SCALP MASSAGE TO PROMOTE TOTAL RELAXATION.

60MIN R875

TIME OUT FACE TREATMENT:

THIS MODERN TREATMENT IS PERFECT FOR THE PRACTICAL MAN. A PRESSURE POINT MASSAGE IS INCORPORATED TO RELEASE TENSION INSTANTLY WHILE STRENGTHENING INGREDIENTS INCREASE THE PERFORMANCE OF THE SKIN AND LEAVES A PLEASANT FEELING OF FRESHNESS AND WELL-BEING.

60 MIN R405

SIGNATURE 2' AQUILA EXPRESS SHAVE

INDULGE IN A TWO STEP SHAVE AND ADD THIS AMAZING EXPERIENCE TO ANY OF OUR FACIAL TREATMENTS, OR ENJOY IT ON ITS OWN, TO LEAVE YOUR SKIN SILKY SMOOTH AND HYDRATED.

60 MIN R270

TherAVINE FACIAL TREATMENTS

TherAVINE BALANCING FACIAL:

A DEEP- CLEANSING FACIAL CUSTOMISED TO GENTLY REMOVE SURFACE IMPURITIES FOLLOWED BY A PERSONALISED MASK WHILE UTILIZING SPECIALLY SELECTED AROMATIC BOTANICALS FOR RESTORING BALANCE TO THE SKIN, LEAVING YOUR SKIN SOFT AND RESTORED.

60 MIN R360

TherAVINE HYDRATING FACIAL:

A FACIAL DESIGNED FOR EXTREME RELAXATION WITH THE SCENT OF ESSENTIAL OILS DESIGNED TO DEEPLY HYDRATE YOUR SKIN, LEAVING YOU WITH A RADIANT COMPLEXION.

60 MIN R360

TherAVINE ANTI AGEING FACIAL:

THE INFINITE REPLENISHING TREATMENT, ASSISTING IN REDUCING FINE LINES AND WRINKLES BY IMPLEMENTING SPECIALIZED BOOSTERS AND SERUMS TO COMBAT THE SIGNS OF AGEING.

90 MIN R480

TherAVINE THERAPACK NUTRITION FACIAL:

AN ANTI-OXIDANT BOOSTER FACIAL THAT TREATS DEHYDRATED AND SENSITIVE SKIN TYPES WITH THE APPLICATION OF A WARM MASK. THE SPECIALISED MASK IS MADE FROM MILLED GRAPE SEEDS AND LINSEEDS WITH DRAMATICALLY IMPROVE HYDRATION AND MOISTURE LEVELS.

90 MIN R480

TherAVINE HYDRAVINE FACIAL:

THE PERFECT TREATMENT FOR DEHYDRATED, SENSITIVE SKIN NEEDING INTENSE HYDRATION AND A VITAMIN BOOST. THE FACIAL SOOTHES IRRITATED SKIN AND REDUCED REDNESS WHILST DEEPLY HYDRATING SKIN WITH A REVOLUTIONARY CLOTH MASK CONTAINING HYALORONIC ACID TO INTENSELY MOISTURISE AND 'LOCK IN' ACTIVE INGREDIENTS FOR UP TO 3 WEEKS.

90 MIN R500

TherAVINE AROMATHERAPY ANTI-WRINKLE FACIAL:

A FACIAL LIKE NO OTHER! FEEL LUXURIOUSLY PAMPERED WHILST ENJOYING A RELAXING BACK , NECK, SHOULDER AND SCALP MASSAGE BEFORE MUSCLE RELAXANT AMPOULES ARE LAVISHLY APPLIED TO YOUR FACE IN A SPECIALIZED MASSAGE ROUTINE TARGETING THE SUPERFICIAL AND DEEPER FACIAL MUSCLES TO ASSIST IN REVERSING TIME RAVAGES SKIN, RESULTING IN THE REDUCTION OF FINE LINES, WRINKLES, EXPRESSION LINES, LEAVING YOU FEELING REJUVENATED AND RESTORED.

120 MIN R550

TherAVINE APPETIZER FACIAL TREATMENT:

EXPERIENCE AN EXPRESS VINETHERAPY FACIAL BOOST CUSTOMISED TO YOUR SPECIFIC SKIN CONCERNS IN JUST 30 MINUTES.

30 MIN R240

TherAVINE TIMECARE EYE TREATMENT:

AN INTENSIVE TREATMENT RESULTING IN THE REDUCTION OF FINE LINES AND EASING DEEPER WRINKLES LEAVING YOUR EYES FRESH AND REJUVENATED – EITHER INCORPORATED INTO A FACIAL OR AS A SEPARATE TREATMENT.

30 MIN R270

PERFECT MAKE-UP

JOHN V G

DAY MAKE- UP APPLICATION	60 MIN	R180
EVENING MAKE-UP APPLICATION	60 MIN	R220
SPECIAL OCCASION COMBO (TRIAL & ACTUAL DAY)		R 350
BRIDAL MAKE- UP TRIAL	60 MIN	R 280
BRIDAL MAKE-UP COMBO (TRIAL & ACTUAL DAY)		R 480
BRIDAL ENTOURAGE (15 YEARS AND UP)		R 220
BRIDAL ENTOURAGE (15 YEARS AND UNDER)		R 100

TINTING

EYELASH TINT	30 MIN	R 45
EYEBROW TINT	15 MIN	R 40

HAND AND FOOT TREATMENTS

CITRUS MANICURE:

THIS DELUXE CITRUS "FACIAL FOR THE HANDS" IS THE ULTIMATE RESTORATIVE TREATMENT. AN INTENSE 2 – STEP CITRIC ACID EXFOLIATION WILL REJUVENATE, DEEPLY HYDRATE AND HELP RESTORE SKIN TO A MORE YOUTHFUL APPEARANCE. TOPPED OFF WITH AN ESSENTIAL OIL- INFUSED CERAMIDE AND VITAMIN HAND AND ARM MASSAGE AND A PERFECT POLISH OF THE NAILS. SKIN IS LEFT RADIANT AND GLOWING.

60 MIN R 180

ALMOND MANICURE:

AN INDULGENT COLLECTION OF ALMOND BASED MANICURE PRODUCTS FORMULATED TO MOISTURISE, EXFOLIATE AND HYDRATE WITH SWEET ALMOND OIL, JOJOBA OIL AND VITAMIN E, LEAVING A SOFT , SMOOTH, HEALTHY GLOW.

60 MIN R220

ADDITIONAL PARAFFIN WAX TREATMENT: R40

RE- VARNISHING : R80

MARINE SPA PEDICURE:

THE ULTIMATE SPA PEDICURE! A LUXURIOUS, MARINE-INSPIRED "FACIAL FOR THE FEET", WHICH FEATURES A 4-STEP EXFOLIATING PROCESS OF BEACH SAND, QUARTZ CRYSTALS, SEA SALT AND ALPHA- HYDROXYL ACIDS, AND AWARD WINNING CUCUMBER HEEL THERAPY TO RELIEVE DRY CRACKED HEELS. FINISHED WITH A PAMPERING FOOT AND CALF MASSAGE AND A PERFECT POLISH OF THE NAILS.

90 MIN R250

RAW EARTH SPA PEDICURE:

A SUPER- HYDRATING, AROMATHERAPEUTIC PEDICURE PACKED WITH VITAMINS AND MINERALS TO PROMOTE BEAUTIFUL, HEALTHY –LOOKING FEET . FEET ARE CLEANSED WITH A FIZZING MINERAL SOAK FOLLOWED BY A WARM SUGAR SCRUB TO GENTLY EXFOLIATE AND SMOOTH SKIN. A MOISTURISING VOLCANIC CLAY FOOT MASQUE DEEPLY HYDRATES IN PREPARATION FOR A RELAXING FOOT AND CALF MASSAGE. FINISHED OFF WITH A METICULOUS POLISH OF THE NAILS.

90 MIN R280

PARAFFIN WAX ADDITIONAL R 60

RE-VARNISHING R 60

NAIL ENHANCEMENTS

FULL SET NATURAL	R 300
FULL SET FRENCH TIPS	R 320
FULL SET OVERLAY – CLEAR	R 220
FULL SET OVERLAY – COLOUR	R 280

2 WEEKS FILL R 150

3 WEEKS FILL R 180

COLOUR GEL OR ACRYLIC OVERLAY ON TOES R 170

FRENCH GEL OR ACRYLIC OVERLAY ON TOES R 190

SOAK OFF R 60

FULL NAIL REPAIR
(NEW NAIL PER NAIL ENHANCEMENT) R 30

NAIL ART PER NAIL R 6

RE-VARNISH OF NAILS R 80

HAIR REMOVAL

WAXING: DEPILIEVE

FULL LEG WAX	R 150
¾ LEG WAX	R 130
½ LEG WAX	R 110
UNDER ARM WAX	R 70
BIKINI WAX – STANDARD	R 80
BIKINI WAX – BRAZILIAN	R 120
BIKINI WAX - HOLLYWOOD	R 150
BACK WAX	R 150
CHEST WAX	R 130
TUMMY WAX	R 100
FULL ARM WAX	R 90
½ ARM WAX	R 70
BROW WAX	R 40
LIP WAX	R 45
CHIN WAX	R 50
FULL FACE WAX	R 100

SUGARING

FULL LEG	R 200
¾ LEG	R 180
½ LEG	R 150
UNDER ARM	R 70
BIKINI – STANDARD	R 120
BIKINI – BRAZILIAN	R 140
BIKINI – HOLLYWOOD	R 160
BACK	R 160
CHEST	R 160
TUMMY	R 120
FULL ARM	R 120
½ ARM	R 100
LIP	R 70
BROW	R 60
EARS	R 50

BODY TREATMENTS

BODY EXFOLIATION

HERBAL BODY PEELING:

YOU MAY CHOOSE SAGE, LEMON BALM OR ROSEMARY TO INTENSIVELY EXFOLIATE THE BODY AND DEPENDING ON THE TYPE OF HERB YOU CHOOSE, THIS TREATMENT WILL ALSO HAVE A CALMING, BALANCING OR ENERGISING EFFECT ON YOUR MIND.

30 MIN R 165

VOLCANIC BODY PEELING:

DETOXIFYING VOLCANIC MUD GENTLY REMOVES DRY, FLAKY SKIN AND LEAVES THE SKIN FEELING SOFT AND SUPPLE.

30 MIN R 310

MILKY FRUIT PEELING:

RESTORES THE SKIN RADIANCE USING NATURAL FRUITY ACIDS FROM REDCURRANTS, GOOSEBERRIES AND APPLES TO UN-GLUE DEAD SKIN CELLS.

60 MIN R 160

MARITIME SALT PEELING:

THE COMBINATION OF MILK BATH AND THE CANADIAN SEA SALT GENTLY REMOVES DEAD SKIN CELLS WHILE ADDING MOISTURE.

30 MIN R270

AROMA BODY PEELING:

THIS UNIQUE EXFOLIATION PAMPERS YOUR BODY WITH GENTLE SEA CRYSTALS WHILE THE MILD HINT OF AROMA OILS SOOTHES THE SOUL.

30 MIN R 270

AROMA BODY PEELING:

THIS UNIQUE EXFOLIATION PAMPERS YOUR BODY WITH GENTLE SEA CRYSTALS WHILE THE MILD HINT OF AROMA OILS SOOTHES THE SOUL.

90 MIN R 610

THERAVINE BODY BUFF:

FEEL INVIGORATED AND REVITALIZED AS YOUR BODY IS POLISHED TO GLOWING PERFECTION BEFORE RECEIVING A BODY TREATMENT.

30 MIN R 250

LILLIAN TERRY BODY EXFOLIATION:

WHILE GETTING RID OF DEAD , DEHYDRATED SKIN CELLS THIS AMAZING EXFOLIATOR WILL LEAVE YOUR SKIN SILKY SMOOTH AND HYDRATED.

30 MIN R 110

BODY WRAPS

VOLCANIC HEAT PACK BODY TREATMENT:

THIS HEAT PACK IS APPLIED ALL OVER THE BODY TO INCREASE CIRCULATION, RELAX MUSCLES AND LEAVE THE SKIN FEELING WARM AND COMFORTABLE.

45 MIN R910

FRUITY VITAMIN BOOST TREATMENT:

AN INNOVATIVE FRUIT COCKTAIL THAT SUPPLY VALUABLE VITAMINS AND MINERALS TO PROMOTE BEAUTIFULLY SOFT AND SUPPLE SKIN.

60 MIN R825

FIRMING ALGAE TREATMENT:

THE FIRMING WRAP CONTAINS NATURAL BLUE-GREEN ALGAE THAT IMPROVES ELASTICITY, SUPPLIES MOISTURE AND DRAINS TOXINS FROM THE SKIN TISSUES TO CREATE A SLEEK SILHOUETTE

45 MIN R465

VITALITY BODY WRAP:

THE ULTIMATE IMMUNE STIMULATOR – IF YOU SUFFER FROM LOW ENERGY LEVELS, HIGH STRESS LEVELS, POOR CIRCULATION, AND FLUID RETENTION THIS TREATMENT IS A MUST.

60 MIN R 350

SERENITY BODY WRAP:

WHEN HORMONAL CHANGES PREVENTS YOU FROM BEING WHO YOU ARE, SERENITY WILL HELP OUR FIND YOUR BALANCE, LOWER STRESS LEVELS AND HELP YOU RELAX.

60 MIN R 350

MUSCLE EASE BODY WRAP:

THE IDEAL WRAP FOR THE ACTIVE INDIVIDUAL, THIS WRAP WILL RELIEVE MUSCLE STRAIN AND STIFFNESS, INFLAMMATION OF JOINTS, HIGH BUILD UP OF LACTIC ACID AND URIC ACID, LEAVING YOU TOTALLY RELAXED AND REJUVENATED.

60 MIN R 350

DETOXIFYING BODY WRAP:

THE ULTIMATE TREATMENT TO REMOVE TOXINS FROM THE BODY, THIS TREATMENT IS IDEAL FOR PEOPLE WHO ARE EXPOSED TO HIGH LEVELS OF ENVIRONMENTAL POLLUTION AND EXPERIENCE LOW ENERGY LEVEL, AND ALSO THOSE WHO HAVE BEEN ON ANTI-BIOTICS OR CORTISONE.

60 MIN R350

FIRMING ALGAE PACK.

THIS FIRING WRAP CONTAINS NATURAL BLUE-GREEN ALGAE THAT IMPROVES ELASTICITY, SUPPLIES MOISTURE AND DRAINS TOXINS FROM THE SKIN TISSUE TO CREATE A SLEEK SILHOUETTE.

45 MIN R465

COCOON WRAPS.

LET YOUR MIND DRIFT OFF WHILE YOU ARE COCOONED IN A COMFORTING ENVELOPMENT OF FRAGRANT OILS AND WRAPS FROM OUR THERAPEUTIC RANGE. CHOOSE THE WRAP THAT WILL EASE YOUR CONCERNS AND FLOAT AWAY DURING A RELAXING SCALP MASSAGE.

THERAVINE PURIFYING CLAY COCOON
90MIN R480

THERAVINE FIRING AND HYDRATING GEL COCOON
90MIN R480

THERAVINE RELAXING CREAM COCOON
90MIN R480

THERAVINE CONTOURING GEL COCOON
90MIN R480

THERAVINE UPLIFTING CREAM COCOON
90MIN R480

BUST TREATMENT.

PUSH UP TREATMENT:

FIRMS AND LIFTS THE BUST CONTOUR BY STIMULATING ELASTICITY EFFECTIVELY WITH A COOLING PEEL OFF MASK.

45MIN R430

BUST CONTOURING TREATMENT:

THIS TREATMENT MAKES USE OF A SELF HEALING MASK TO STIMULATE THE CIRCULATION AND ENSURE THE ACTIVE LIFTING INGREDIENTS ARE ABSORBED MORE INTENSIVELY IN THE BUST AREA.

45MIN R795

CELLULITE TREATMENTS.

VOLCANIC HEAT CELLULITE TREATMENT.:

THIS DETOXIFYING TREATMENT USES THE VOLCANIC MUD TO ELIMINATE METABOLIC WASTE PRODUCTS FROM THE SKIN, LEAVING THE SKIN LOOKING SMOOTHER, FIRMER AND MORE EVEN.

60MIN R620

COOL BODY STYLING TREATMENT:

THIS REFRESHING TREATMENT FIRMS AND SHAPES THE BODY PROFILE BY ELIMINATING UNWANTED DEPOSITS AND METABOLIC WASTE FROM THE SKIN TISSUE.

60MIN R700

THERAVINE SCULP-O-VINE CELLULITE TREATMENT.

1 TREATMENT R400
COURSE OF 3 R1000
COURSE OF 6 R1800
COURSE OF 9 R2700

MOTHER-TO-BE BY BABOR.

REGENERATING MILK PACK:

A LUXURIOUS TREATMENT FOR A QUEEN. INDULGE IN THIS RICH, CREAMY MILK MASK FOR DELECTABLE SOFT AND SUPPLE SKIN. IT SOOTHES SENSITIVE SKINS AND GIVES THE COMPLETION A MORE REFINED AND SMOOTH APPEARANCE.

45MIN R555

MASSAGES.

INDIAN HEAD MASSAGE:

ALTERNATING SLOW AND VIGOROUS MASSAGE MOVEMENTS ARE APPLIED TO THE HEAD AND ARE COMBINED WITH A PRESSURE POINT MASSAGE TO THE SCALP, HEAD AND SHOULDERS TO RELIEVE STRESS.

30MIN R190

BACK, NECK & SHOULDER

THIS MASSAGE FOCUSES PURELY ON THE BACK AND SHOULDER AREA TO RELIEVE TENSION OF THESE COMMONLY OVER STRESSED MUSCLES.

30MIN R230
45MIN R350

SWEDISH FULL BODY MASSAGE.

A RELAXING, MEDIUM PRESSURE TREATMENT USING RELAXING STROKES TO INCREASE CIRCULATION, REMOVE LACTIC ACID AND RELAX THE BODY.

60MIN R420

AROMATHERAPY MASSAGE:

BY USING THE BEST IN AROMATHERAPY YOUR THERAPIST CAN TAILOR-MAKE A MASSAGE TO TARGET YOUR MAIN CONCERN AREAS AND ADDRESS ANY PROBLEMS YOU MIGHT HAVE. (SUITABLE FOR EXPECTING MOTHERS)

60 MIN R430

SPORTS MASSAGE:

A HARD PRESSURE MASSAGE WITH MAXIMUM TENSION RELIEVING RESULTS DESIGNED TO IMPROVE FLEXIBILITY AND ENDURANCE OF THE MUSCULAR SYSTEM.

60 MIN R470

HOT STONE MASSAGE:

THE LATEST IN THERAPEUTIC MESSAGES. HEATED BASALT STONES ARE USED TO RELIEVE TENSION, STRESS, AND PAIN. THE HEAT OF THE STONE HELPS OIL TO PENETRATE TO THE CORE OF THE MUSCLE TO CREATE A LASTING EXPERIENCE OF COMPLETE RELAXATION AND WELL-BEING.

60MIN R470

LYMPH DRAINAGE

USING EXISTING ANATOMICAL SCIENCE AND DISTINCTIVE MANUAL PROCESSES, LDT ENABLES THE THERAPIST TO DETECT THE SPECIFIC RYTHM, DIRECTION, DEPTH AND QUALITY OF THE LYMPH FLOW ANYWHERE IN THE BODY. BY USING GENTLE WAVE-LIKE MOVEMENTS, THE THERAPIST CAN HELP TO ACTIVATE THE LYMPHATIC SYSTEM AND STIMULATE THE IMMUNE SYSTEM AND NERVOUS SYSTEM.

60 MIN R380

THERAVINE: DETOXIFYING PINOTAGE MASSAGE

60 MIN R350

THERAVINE: UPLIFTING PINOTAGE MASSAGE

60 MIN R350

THERAVINE: MOISTURISING PINOTAGE MASSAGE

60 MIN R350

THERAVINE: PINOTAGE MASSAGE

60 MIN R350

HYDRO FACILITIES

HYDRO THERAPY:

THE RITUAL OF SOAKING AND BATHING IN WATER HAS BEEN A LONG RECOGNISED PRACTISE SINCE THE DAYS OF CLEOPATRA. THE GREEKS USED TO TAKE TO THE WATERS FOR HEALING AND PRESERVING LIFE AND ENERGY! WE CONTINUE THE POWERFUL NATURAL FORM OF HEALING AND COMBINE ANY TREATMENT YOU'RE HAVING AT THE SPA WITH AN INVIGORATING BATH EXPERIENCE OF YOUR CHOICE.

HERBAL BATHS:

SELECTED FRESH HERBS ARE SPECIALLY ACTIVATED SO THAT THEY DEVELOP THEIR ORIGINAL, UNMISTAKEABLE EFFECT IN THE BATH

30 MIN R340

MUD MOOR BATH:

THIS MUD IS EXTRACTED FROM THE PINE FOREST IN GERMANY WHICH HAS AN ULTRA DETOXIFYING EFFECT AND ENCOURAGES IMPROVED CIRCULATION AND OXYGEN SUPPLY THROUGHOUT THE BODY

30 MIN R480

OCEAN BATH:

SOAK AND ENJOY THE MOISTURIZING AND FIRING EFFECTS OF SPECIAL SEA SALT AND NATURAL ALGAE

30 MIN R220

AROMA BATH:

CHOOSE BETWEEN RELAXING, ENERGISING OR BALANCING NATURAL AROMATIC OILS TO RESTORE YOUR SOUL, BODY AND MIND.

30 MIN R130

CLEOPATRA BATH:

EXPERIENCE THE BENEFICIAL EFFECT OF MILK JUST AS THE EGYPTIAN QUEEN CLEOPATRA DISCOVERED THE BEAUTY POWER OF THIS NATURAL SKIN CONDITIONER.

30 MIN R180

THERAVINE PINOTAGE BATH TREATMENT:

30 MIN R250

THERAVINE RICH BATH MILK RITUAL:

30 MIN R250

THERAVINE BATH SOAK:

30 MIN R250

RASUL:

THIS TRULY UNIQUE ROOM EXPERIENCE IS A CEREMONIAL INTERPRETATION OF BEAUTY FROM ANCIENT ORIENT. THE BASIS OF THE TREATMENT IS A INTEGRATION OF DIFFERENT ELEMENT: WATER, FIRE, EARTH, LIGHT AND SCENTED AIR AND SO WE COMBINE TO PROVIDE AN UNFORGETTABLE SENSATION. SPECIAL VOLCANIC MUD APPLIED ON THE BODY TO STIMULATE THE BODY'S METABOLISM, SUPPLY MOISTURE AND FIRM THE SKIN WHILE A HYDRATING MILK PACK IS PREPARED FOR THE FACE.

-BATOR. VOLCANIC MINERAL TREATMENT (45 MIN)
R 530 PER PERSON

-L'AQUILA STATE OF THE ART RASUL (45 MIN)
R290 PER PERSON

SPA PACKAGES

HALF DAY PACKAGES:

INCLUDES BREAKFAST OR LUNCH

FULL DAY PACKAGES:

INCLUDES BREAKFAST AND TEA OR TEA AND LUNCH

MUSCLE MELT:

THIS AMAZING TREATMENT WILL HAVE YOU RELAXED FROM TIP TO TOE.

STEAM, SENSATION SHOWER, FULL BODY EXFOLIATION, HOT STONE MASSAGE, SCALP MASSAGE, REFLEXOLOGY (4 HOURS) R800

STRESS – AWAY:

DE-STRESS MIND, BODY AND SOUL.

STEAM, FULL BODY EXFOLIATION, BODY WRAP, AROMA THERAPY MASSAGE, SLIPPER BATH.

(5 HOURS) R850

BEAUTY COCKTAIL:

THE ULTIMATE IN PAMPERING.

STEAM, AROMA MASSAGE, FACIAL, MANICURE, PEDICURE, SCALP MASSAGE, REFLEXOLOGY, BLOW WAVE

(6 HOURS) R1300

SEDUCTION OF THE SENSES:

ENJOY THIS TREATMENT ALONE OR WITH A LOVED ONE.

RASUL, HOT STONE MASSAGE, FACIAL, SLIPPER BATH, PEDICURE.

(5 HOURS) R1100

LADIES DAY:

ENJOY A DAY WITH FRIENDS AND FAMILY.

IDEAL FOR 2-4 PEOPLE.

STEAM, HOT STONE MASSAGE, FACIAL, MANICURE OR PEDICURE.

2 PEOPLE (4 HOURS) R2500

4 PEOPLE (4 HOURS) R4800

GENTS PAMPER PACKAGE:

STEAM, HOT STONE MASSAGE, 2 STEP CLOSE SHAVE, FACIAL, SENSATION SHOWER, CITRUS MANICURE.

(5 HOURS) R1000

BRIDAL PACKAGES

THE BLUSHING BRIDE:

THIS PACKAGE BEGINS THE DAY BEFORE THE WEDDING AND CONCLUDES ON THE DAY OF YOUR WEDDING.

2 WEEKS BEFORE: HAIR AND MAKE-UP TRIAL

DAY BEFORE THE WEDDING: STEAM, FULL BODY EXFOLIATION, RELAXING MASSAGE, MANICURE, PEDICURE.

STAY OVERNIGHT: INCLUDES ACCOMMODATION, DINNER, BREAKFAST, LIGHT LUNCH

ON THE DAY: SLIPPER BATH, FACIAL, HAIR AND MAKE-UP FOR THE BIG REVEAL.

(10 HOURS) R3500

THE DAY DELIGHT:

RELAXING SLIPPER BATH, FULL BODY MASSAGE, SENSATION SHOWER, HAIR AND MAKE-UP (TRIAL AND ON DAY)

(4 HOURS) R2000

ME AND MY ENTOURAGE:

FOR THE BRIDE AND TWO BRIDESMAIDS. DAY OF THE WEDDING: STEAM, SENSATION SHOWER, PEDICURE, MAKE-UP AND HAIR (TRIAL INCLUDED)

(4 HOURS) R3300

SIMPLY BEAUTIFUL:

2 WEEKS BEFORE THE WEDDING: FACIAL, MAKE-UP TRIAL, HAIR TRIAL, EYE BROW SHAPE AND TINT ,LASH TINT

1 WEEK BEFORE THE WEDDING: GEL OR ACRYLIC FINGERNAILS

ON THE DAY: PEDICURE, MAKE-UP, HAIR

(6 HOURS) R2500

KNIGHT IN SHINING ARMOUR:

FOR THE GROOM & INCLUDES BREAKFAST OR LUNCH ON THE DAY

FULL BODY MASSAGE, FACIAL WITH TWO STEP CLOSE SHAVE, CITRUS MANICURE

(3 HOURS) R1300

SIMPLY IRRESISTIBLE:

FOR THE GROOM

STEAM, HOT STONE MASSAGE, SCALP MASSAGE, REFLEXOLOGY, FACIAL AND CITRUS MANICURE

(5HOURS) R1600

HAIR SALON

HAIR CUTS:

LADIES CUT (SHORT HAIR) R150

LADIES CUT (MEDIUM HAIR) R175

LADIES CUT (LONG HAIR) R200

GENTS CUT R110

CHILDS' CUT

R 80

SHAVE CUT

R 50

BLOW WAVES:

SHORT HAIR

R120

MEDIUM HAIR

R150

LONG HAIR

R180 – R250

COMBINATION CUTS AND BLOW WAVES

SHORT HAIR

R230

-WITH FLAT IRON

R270

MEDIUM HAIR

R260

-WITH FLAT IRON

R320

LONG HAIR

R300

-WITH FLAT IRON

R380

UP-STYLES:

HALF –UP

R200

FULL-UP

R300

BRIDAL:

TRIAL

R300

ON THE DAY

R300

BRIDAL COMBO- TRAIL AND ON DAY

R500

ENTOURAGE (15 YEARS AND UP)

R200

ENTOURAGE (14 YEARS AND YOUNGER)

R100

COLOUR:

MEDIUM

R310

LONG

R410

EXTRA LONG

R460

FOIL HIGHLIGHTS AND TONER

SHORT

R450

MEDIUM

R550

LONG

R750

CAP HIGHLIGHTS

FLASH CAP

R250

SHORT

R300

MEDIUM

R450

THICK

R450

AESTHETIC TREATMENTS

IPL HAIR REMOVAL

	ONE TREATMENT	PACKAGE (x10)
FACE		
CHEEKS	R310	R2 713
UPPER LIP	R190	R1 663
CHIN	R270	R2 363
SIDEBURNS	R190	R1 663
FULL FACE	R640	R5 600
FRONT		
CHEST	R860	R7 525
NIPPLES	R230	R2 013
TUMMY	R520	R4550
UMBILICAL LINE	R230	R2 013
ARMS		
UNDERARMS	R350	R3 063
1/2 ARMS	R680	R5 950
FULL ARMS	R990	R8 663
BACK		
NECK	R310	R2 713
SHOULDERS	R460	R4 025
1/2 BACK	R900	R7 875
FULL BACK	R1 680	R14 700
BUTTOCKS	R830	R7 263
BIKINI		
STANDARD	R420	R3 675
FULL BIKINI	R640	R5 600
LEGS		
1/2 LEG	R970	R8 488
3/4 LEG	R1 280	R11 200
FULL LEG	R2 030	R17 763

SKIN REJUVENATION & ACNE TREATMENT

TREATMENT AREA	ONE TREATMENT	PACKAGE (x6)
FULL FACE	R950	R4 988
NECK	R500	R2 625
DÉCOLLETÉ	R700	R3 675
HANDS	R350	R1 838

MICRO DERMABRATION

THE MICRO DERMABRATION TREATMENT WILL APPEAL TO ANY CLIENT THAT WANT THEIR SKIN LOOKING AND FEELING IN THE BEST SHAPE POSSIBLE. THIS TREATMENT REMOVES THE DEAD SKIN CELLS IN THE CORNEUM LAYER OF THE SKIN, SO THAT THE PLUMP, HEALTHY CELLS REPLACE THEM, CAUSING AN IMMACULATE CHANGE IN THE SKINS' APPEARANCE.

THE MICRO DERMABRATION FACIAL CONSISTS OF CLEANSING THE SKIN, MICRO DERMABRATION TREATMENT, SOFT LASER, HIGH-QUALITY MASQUE WITH DIRECT HIGH FREQUENCY IF SO NEEDED, A DÉCOLLETÉ MASSAGE, A PROFESSIONAL EYE TREATMENT AND MOISTURISING.

SINGLE TREATMENT	R400
5 TREATMENTS	R1800
10 TREATMENTS	R3650

WELLNESS – OZONE POD

A SAFE AND EFFECTIVE 3-WAY THERAPEUTIC TREATMENT UTILISING OZONE, RESONANCE & FAR INFRARED TO ENHANCE THE BODY'S HEALING POWERS THROUGH OXYGENATION AND DETOXIFICATION.

PRICE PER SESSION (35MIN)	R 300
10 TREATMENTS	R2600

CUISINE

THE CHOICE OF BREAKFAST OR LUNCH IS AVAILABLE AS IT IS AN OPTIONAL EXTRA THAT CAN BE UTILIZED AS PART OF A TREATMENT. THIS ALSO INCLUDES BEVERAGES SUCH AS FRUIT JUICE AND WATER.

BREAKFAST	(1 HOUR)	R55
LUNCH	(1 HOUR)	R75